



# JANUARY 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> 		<p>1 <u>NEW YEAR'S DAY</u></p> <p>60 CONNECT PROGRAM CLOSED</p>	<p>2 <u>NEW YEAR'S DAY EXT.</u></p> <p>60 CONNECT PROGRAM CLOSED</p>	<p>3</p> <p>11:00-12:00 Rosh Chodesh Gathering w/ Rabbi Sarah Sager</p> <p>11:00-12:00 Yarn Circle: A Learn &amp; Share</p> <p>12:15-12:45 Lunch at R.H. Myers</p>
<p>6</p> <p>10:00-11:45 Digital Literacy: Tech Basics for Beginners</p> <p>12:00 -12:45 Lunch at R. H. Myers</p>	<p>7</p> <p>10:00-10:45 Group Chair &amp; Balance Exercise</p> <p>10:45-11:45 Group Rummy</p> <p>12:00-12:45 Lunch at R. H. Myers</p>	<p>8</p> <p>10:00-11:45 Digital Literacy: Tech Basics for Beginners</p> <p>12:00 -12:45 Lunch at R. H. Myers</p>	<p>9</p> <p>10:30-11:30 MJCC @ R. H. Myers: Chair Volleyball</p> <p>11:30-12:30 Lunch at R. H. Myers</p> <p>12:00-2:15 Beachwood High School: Elder Class Luncheon &amp; Concert w/ Stanley Moss Trio (Registration Required)</p>	<p>10</p> <p>10:00-11:15 Beachwood Library- Through the Eyes of the Artist: Amedeo Modigliani</p> <p>11:30-12:30 Lunch at R. H. Myers</p>
<p>13</p> <p>12:00-1:00 Lunch at R. H. Myers</p> <p>1:30-3:00 CWRU/Siegal College – Lincoln Revokes Ulysses Expulsion of Jews @ Landmark Centre Building (Registration Required)</p>	<p>14</p> <p>10:00-10:45 Group Chair &amp; Balance Exercise</p> <p>10:00-11:00 Healthy Aging- Unknown History &amp; Former Slaves: George Washington and His Three Special Slaves (Registration Required)</p> <p>11:30-12:30 Lunch at R. H. Myers</p>	<p>15</p> <p>11:00-12:00 Healthy Aging- Healthy Cooking: Advantages of the Mediterranean Diet</p> <p>12:15-12:45 Lunch at R. H. Myers</p>	<p>16</p> <p>10:30-11:30 MJCC @ R. H. Myers: Chair Volleyball</p> <p>11:30-12:30 Lunch at R. H. Myers</p> <p>12:00-2:00 Beachwood Community Center: Tom Todd-The One Man Band (Registration Required)</p>	<p>17</p> <p>11:00-11:30 MJCC @ R. H. Myers Cardio Drumming (Virtual)</p> <p>11:30-12:30 Lunch at R. H. Myers</p> <p>1:00-2:00 MJCC @ R. H. Myers: Tom Strong- Blood Disorders &amp; Anemia</p> <p>2:00-3:00 Beachwood Library- Debbie Darling- "Great American Songbook"</p>
<p>20</p> <p><u>MARTIN L. KING DAY</u></p> <p>60 CONNECT PROGRAM CLOSED</p>	<p>21</p> <p>10:00-10:45 Group Chair &amp; Balance Exercise</p> <p>10:00-11:00 Healthy Aging- Unknown History &amp; Former Slaves: Jefferson and the Hemings Family (Registration Required)</p> <p>11:30-12:30 Lunch at R. H. Myers</p>	<p>22</p> <p>12:00-1:00 Lunch at R. H. Myers</p> <p>2:00-3:00 Bedford Library- Civil War Camp Cleveland w/ Historian Kit Whipple</p>	<p>23</p> <p>10:00-10:45 Group Chair &amp; Balance Exercise</p> <p>10:50-11:15 Penny Drop</p> <p>11:30-12:30 Lunch at R. H. Myers</p>	<p>24</p> <p>11:00-11:30 MJCC @ R. H. Myers Cardio Drumming (Virtual)</p> <p>11:30-12:30 Lunch at R. H. Myers</p>

<b>27</b> 10:30-11:00 MJCC @ R. H. Myers Chair Yoga (virtual)	<b>28</b> 10:00-10:45 Group Chair & Balance Exercise	<b>29</b> 10:00-11:45 Digital Literacy: Tech Basics for Beginners	<b>30</b> 10:00-10:45 Group Chair & Balance Exercise	<b>31</b> 11:00-12:00 Rosh Chodesh Gathering w/ Rabbi Sarah Sager
11:00-11:30 MJCC @ R. H. Myers Word challenge	10:45-11:45 Group Rummy	12:00 -12:45 Lunch at R. H. Myers	10:50-11:15 Penny Drop	11:00-12:00 Yarn Circle: A Learn & Share
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	1:00-2:00 MJCC @ R. H. Myers Tunes by Cantor Larry Josefovitz			

**FOR INFORMATION YOLANDA NIXON 216-831-0700, 1210 • YNIXON@MANDELJCC.ORG**

26001 S. Woodland Road, Beachwood, OH 44122 • mandeljcc.org

**All program and class schedules are subject to change or cancellation.**

**All program classes & lunch must be registered for one week (Tuesdays) in advance.**

**Some programs and classes may be subject to a fee.**

**Advance registration required for classes with limited or reserved or paid seating.**

**Free transportation is available for 60 CONNECT registered participants.**

**60 Connect programming is held in the Ante Room (Near Stonehill Auditorium).**

**Lunch is held at R. H. Myers, Monday thru Friday 11:30-12:30**

**27200 Cedar Road; Beachwood, OH 44122.**

**Participants must be registered through 60 Connect to join programs**

**To register for MJCC Healthy Aging Classes on-line please contact**

**Julia DiBaggio at 216-831-0700 Ext. 1014 for the link**

**Transportation provided by Senior Transportation Connection (STC)**

**For cancellations please call: 216-265-1489**

**JOIN 60 CONNECT for THURSDAY BOARD GAMES**

**(Chess, Mah Jongg, Canasta & Checkers)**

**Beginning on January 9<sup>th</sup>**

**1:00 pm -3:00 pm in the Café (Front Entrance)**





# SIXTYCONNECT

SENIOR ADULT PROGRAMMING

# Activities Calendar